

## Poverty Proofing Schools – support for parents / carers

### Useful Telephone Numbers

**The Financial Inclusion Team Aberdeen City Council Tel 03000 200 292 open Monday to Friday 9am to 5pm**

**E mail [moneyadvice@aberdeencity.gov.uk](mailto:moneyadvice@aberdeencity.gov.uk)**

**This service offers;**

**Advice and advocacy on all aspects of Social Security benefit entitlement**

**Money, Budgeting and Debt advice**

**Help with form filling and letter writing**

**Links with a number of other advice/ information centres across Aberdeen, some of them run by voluntary organisations**

**Specialised advice on all aspects of Social Security benefits, Council Tax, Housing Benefits and Tax Credits**

**Personal interviews can be arranged if problems are too complex to be dealt with over the telephone**

Financial Inclusion Team / Homestart Project Money and Budgeting advice for families 01224 522709

Child Benefit (claims and enquiries) 0300 2003 100

Carers Allowance 01253 856 123

Benefit Enquiry Line 0345 6088 545

Job Centre Plus Claims 0800 055 6688

Scottish Welfare Fund 0800 03 04 713

ssafa ( support for serving and former members of the armed forces and their dependants) 01224 708612

CFINE – Community Food Initiatives North East – provide support to beneficiaries who are navigating the Welfare system, budgeting and debt advice. They also operate a food bank which is open;

Monday 9-1pm

Tuesday 10-4pm

Wednesday 10-4pm

Thursday 10 – 4pm

Friday 1-4pm

CFINE also support Community food outlets which offer access to high quality produce including fruit and vegetables at affordable prices. These include;

Altens Community Centre, Salvation Army Citadel, Cummings Park Community Centre, Cummings Park Flat, Aberdeen Royal Infirmary, Hilton Community Centre ,Kincorth Community Centre, Mastrick Community Centre , Northfield Community Centre, Peterculter Village Hall, Powis Community Centre , Rosemount Community Centre, Star Flat (Seaton ),Shedocksley Community Centre , Tillydrone Community Centre, Balnagask Community Centre

For details of times of opening visit the CFINE website;

Instant Neighbour provide arrange of financial support services and a Food Bank

Tel 01224 489955 Email [reception@instantneighbour.co.uk](mailto:reception@instantneighbour.co.uk)

SCARF offers free impartial advice to people to access financial assistance to lower fuel bills Tel 01224 213005 Email [info@scarf.org.uk](mailto:info@scarf.org.uk)