

2019

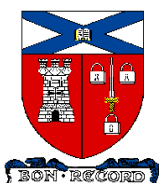
*S3 Skills for  
learning, life and work*

*When was the last time  
you tried something for  
the first time?*



**ABERDEEN GRAMMAR  
SCHOOL**

**S3 Skills for Learning, Life and Work**



**ABERDEEN GRAMMAR SCHOOL**

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Alison Murison, MA (hons) HEADTEACHER



OUR REF:

DATE: 8<sup>th</sup> January 2019

Dear Parent/Carer,

S3 Skills for Learning, Life and Work Week 2019

This year is the first year Aberdeen Grammar School will be offering our S3 pupils a new and exciting week of "Skills for Learning, Life and Work" beginning Monday 20<sup>th</sup> of May until Friday 25<sup>th</sup> May 2019. Our pupils will have the opportunity to choose from a range of activities and packages on offer.

During this week, pupils will experience a wide range of the key employer top rated skills connected with Developing the Young Workforce implementation plan, such as teamwork; confidence; communication; literacy; numeracy; employability; organisational skills and problem solving.

During an assembly for S3 pupils on the 12<sup>th</sup> November, information was issued on some residential trips that they may choose to participate in during this week. Separate meetings have been held for this have been called and information was handed out. For pupils not going away on a residential trip a range of "Packages" have been organised which still provide pupils with excellent opportunities. These will develop a range of skills in a range of environments as well as enjoy fun activities and learn new skills. In addition, pupils will be able to achieve some qualifications in some of the areas they choose from.

I would ask that you consider the packages available and make a choice using the return slip at the back of this booklet. Spaces are limited in almost all activities and for that reason pupils will not necessarily get their first choice. Packages should be ranked in order of preference.

Return slips should be handed in to tutor teachers by Tuesday 15<sup>th</sup> January 2019

Payment is not required at this stage. More information will be issued regarding payment when pupils receive confirmation of their choices. Please do not let your son/daughter see payment as a barrier to participation, please contact the school for further information as we can possibly help with this.

Please note that this is a highly valuable and compulsory part of the school calendar and pupils are expected to attend to improve outcomes in terms of the Developing the Young Workforce agenda. Should you wish to withdraw your son/daughter you should make contact with their Principal Teacher Pupil Support to discuss your concerns. Family holidays will be marked as an unauthorised absence.

Yours sincerely

Alan Martin/Matthew Foster

Depute Head Teacher/PT DYW

# Package A

## Work Experience

**Dates:** Monday – Friday

**Places:** 50 max (potentially more if personal placement are offered/taken up)

**Cost:** Free

## Summary

We have some capacity to provide work experience for S3 pupils. The following information gives a detailed breakdown of what is required:

### What is Work Experience?

Work experience is an opportunity for you to experience the reality of working life for a limited period of time. The aim is for you to gain an insight into the world of work and have the opportunity to learn from the experience by being exposed to a variety of tasks and to the culture of the work place. Work experience can also help employers by challenging their perceptions of young people's skills and attitudes so you can play your part in this. Many employers shy away from employing young people seeing them as a 'risk' because they lack both the experience of the workplace and the job-specific skills that employers want. In reality they may be missing out on strong candidates for their workforce – show them what you can do!

### Personal placement opportunities:

If your son/daughter is interested in gaining a "personal placement" meaning that perhaps you or a friend are prepared to take them on during the planned Skills week – you must complete the appropriate paperwork at the end of this package.

If you as a parent/carers are keen to take on a pupil for the week – please contact me on [AberdeenGrammar@aberdeencity.gov.uk](mailto:AberdeenGrammar@aberdeencity.gov.uk)

### **The Benefits of Work Experience**

The point of work experience is for you to use the opportunity to:

- Find out about specific industries, organisational cultures and job roles which will help you make an informed choice about your futures
- Learn social and communication skills, be aware of how to present yourself and behave at work through real experience working with others
- Build your confidence and motivation through positive experiences of the world of work
- Get an understanding of the structure and reality of working life, and an opportunity to learn about recruitment processes
- Develop skills, including those required in specific jobs and sectors
- Get yourself some real experience to put on your CV so that when you apply for jobs you have something to show that you can do things in a work place and something to speak about in interviews – this will make you more employable in the future.

### **What You Need to Know Before you Start**

- Ensure that you know the following:
  - Where to go and when to be there
  - How you are going to get to work
  - How to dress for the job
  - How to behave when at work
- To make a good impression with your employer you need to arrive on time every day
- It is important to complete the whole placement even if you aren't enjoying it
- Think about what you will be doing and why – this should help you to do a good job
- Even if the job is one you have not chosen you will be able to learn things that will be useful in the future
- If there are things that you do not understand write down some questions for your supervisor so that you don't forget to ask for the information that you need
- Be positive about your work experience placement and the opportunities it provides
- 

**Please read the instructions carefully and complete the forms (attached at the end) neatly using BLOCK CAPITALS.**

We will try our best to place you in your preferred choice. Good luck on your placement!  
***The Work Experience Team***

For more information about work experience opportunities visit:

[www.aberdeenguarantees.com](http://www.aberdeenguarantees.com)

or the facebook page: [www.facebook.com/aberdeenguarantees](https://www.facebook.com/aberdeenguarantees)

or get updates on Twitter: [www.twitter.com/abguarantees](https://www.twitter.com/abguarantees)

## Package B

### Survive & Save Programme

**Dates:** Monday - Friday

**Price:** Free

**Places:** 24



### Summary

This course will be based at AGS for the whole week and is being delivered by Sport Aberdeen staff. Pupils will gain a Royal Life Saving Society award.

The Survive & Save Programme is the Royal Life Saving Society UK (RLSS UK) lifesaving awards programme for those aged 12 years +. The awards follow on from the RLSS UK Rookie Lifeguard Programme, but are also suitable for candidates who are new to lifesaving.



The awards teaches the following skills - CPR (resuscitation), water safety, self-rescue, survival, rescue, and lifesaving sport skills, giving candidates essential life skills and helping to develop fitness.

**Monday – Thursday** – Training toward survive and save award.

**Friday** – Fun session/competition.

**\*You MUST be able to swim to take part in this activity.\***



# Package C

## Residential Visit to: World War One Battlefields (France and Belgium)

**Dates:** Sunday 19 May to Friday 24 May 2019

**Price:** £510

**Places:** 40 pupils

**Travel:** By coach and ferry. Staying at Munchenhof.

### Summary

The History Department have arranged a residential trip in May 2019 for S3 pupils to visit the Battlefields of France and Belgium.

During World War I the battles around Ypres and the Somme alone cost the lives of millions of young men from all around the globe. Many of them had flocked to join up in the early months of the war and could not have imagined what awaited them as the grim realities of the Western Front unfolded. The Battlefields Experience allows pupils to walk in the very footsteps of the men - and women - who fought and died there. They will be immersed in the sights, sounds and stories of the Great War to bring them a truly unique and unforgettable experience.

This trip will be particularly beneficial to pupils who intend to take History as a subject in S4. This information has already been distributed, however, late applications will be accepted.

#### Day 1: Departure

- Depart school at 6 am. Travel by coach to Hull for overnight ferry to Zeebrugge.

#### Day 2: Southern Lip of Ypres Salient

- Visits to: Messines, Pool of Peace, Sanctuary Wood, Hoge Museum, Menin Road, Hill 60, Black Watch Corner.

#### Day 3: The Somme Battlefields

- Visits to: Newfoundland Park, Thiepval, Ulster Tower, Dartmoor Cemetery, Lochnagar Crater, Vimy Ridge.

#### Day 4: Northern Lip of Ypres Salient

- Visits to: Essex Farm, Poelkappelle, Passchaendale, Tyne Cot, Langemark, Menin Gate Ceremony. Private Aberdeen Grammar School ceremony.

#### Day 5: Bruges

- Visit to Bruges.
- Travel to Zeebrugge for overnight ferry to Hull.

#### Day 6: Return

- Arrive Hull 9.00am, arrive back at school approximately 8 pm.



## Package D

**Residential Visit to: Lochgoilhead Activity Centre**

**Location:** Argyll

**Dates:** Monday to Friday

**Price:** £410

**Places:** 20 pupils

**Travel:** By coach



**Summary** - Located close to Loch Goil and Argyll Forest Park, Lochgoilhead offers an exceptional natural setting for high-quality outdoor learning in hill, forest and water environments. Delivered by an experienced team of instructors, the residential will offer challenging educational experiences for young people of all experience and ability.

Pupils will develop their team working skills whilst gaining an appreciation and understanding of the outdoors. This will be achieved by taking part in a range of outdoor activities such as: power boating, canoeing, hillwalking and mountain biking. The final activities are yet to be decided so that pupil preference can be taken into consideration.

The outdoor activities will be mixed with activities to discover, explore, conserve and share the outdoor environment to gain their John Muir Discovery Award.

### **Monday: Arrival**

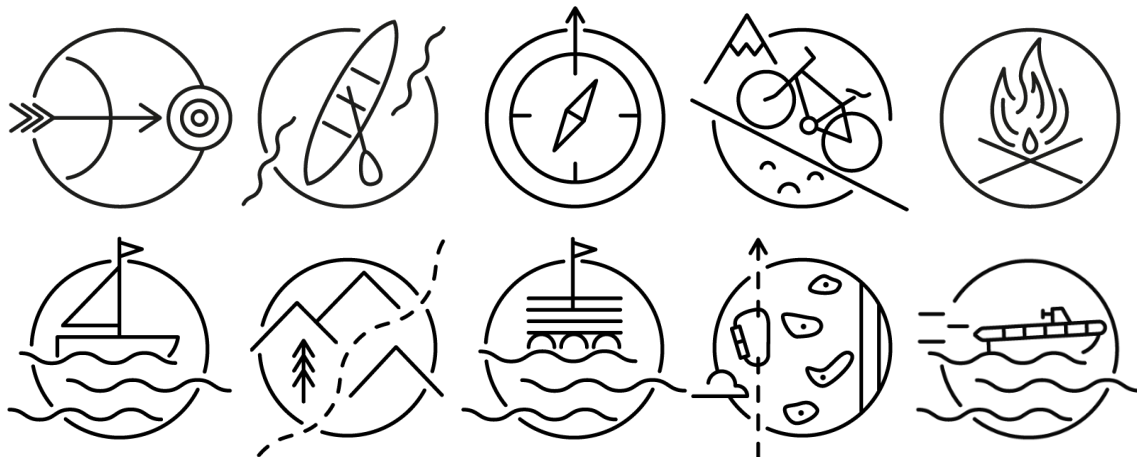
Depart school in the morning to Lochgoilhead at lunchtime. After lunch pupils will participate in an afternoon outdoor activity. In the evening pupils will start to plan their John Muir project.

### **Tue-Wed: Activity Days**

Each day will consist of either a morning or afternoon outdoor activity and a lighter evening activity. Additionally pupils will complete their John Muir project

### **Friday: Departure**

After a morning outdoor activity we will depart and return to the school by late afternoon.



## Package E

**Residential Visit to: Outward Bound Trust**

**Location:** Loch Eil near Fort William or Howtown in the Lake District

**Dates:** Monday 20<sup>th</sup> May to Friday 24<sup>th</sup> May 2019

**Price:** £320

**Places:** 24 pupils (12 at each location)

**Travel:** By coach

**Summary** - The Outward Bound Trust is an educational charity that uses the outdoors to help develop young people from all walks of life. They run adventurous and challenging outdoor learning courses that equip young people with valuable skills for education, work and life. They help them become more confident, more effective and more capable at school, college and in the workplace.



Through adventurous outdoor activities pupils will complete a course designed to develop and improve their leadership skills. Activities range from gorge walking to raft building to rock climbing and more. All pupils will complete an overnight camping expedition.

The pupils will be split between two locations. Loch Eil near Fort William or Howtown in the Lake District. Regardless of the location, both groups will follow the same programme, an example of which is below.

<b>Monday:</b>	<b>Morning</b>	Travel to Centre
	<b>Afternoon</b>	Centre Tour and short team tasks
	<b>Evening</b>	Exercise 'Jigsaw' and review
<b>Tuesday:</b>	<b>Morning</b>	Outdoor Activity Session
	<b>Afternoon</b>	Outdoor Activity Session
	<b>Evening</b>	Expedition brief. Pack and prepare
<b>Wednesday:</b>	<b>All Day</b>	Expedition
	<b>Evening</b>	Overnight Camp
<b>Thursday:</b>	<b>All Day</b>	Expedition
	<b>Evening</b>	Review
<b>Friday:</b>	<b>Morning</b>	Outdoor Activity Session
	<b>Afternoon</b>	Return Home



# Package F

## Community Garden Project – Bonnymuir Garden Community Trust

**Dates:** Monday – Friday

**Price:** Free

**Places:** 10 per Day

### Background / Summary

- Our aim is that the Bonnymuir green community trust develop and use the site of the former Bonnymuir green bowling club as an asset, owned by and operated for, the benefit of the community.
- Our vision is to create an urban sustainability hub. All residents in our community and beyond will be encouraged to use it as a social hub where the emphasis is on promoting a greener, carbon-reducing lifestyle.
- Meeting new people and having fun whilst learning/teaching new skills such as growing, cooking, reusing household items, and discovering innovative ways to promote Aberdeen as a sustainable city.

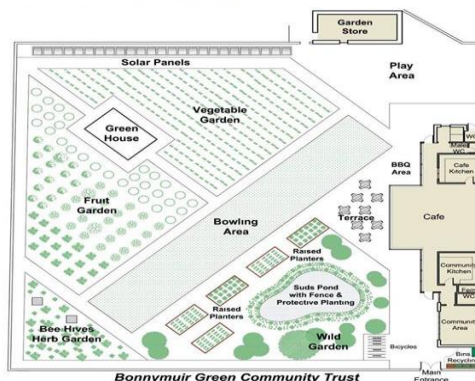


The Trust is looking for AGS pupils to help with some of the following developing a range of skills at the same time:

**WE NEED  
YOUR HELP  
TO TURN  
THIS**



**INTO  
THIS**



- Community Café
- Community Building
- Wild flower garden with sustainable urban drainage system pond
- Apiary with a selection of hives producing honey
- Market Garden including vegetable, fruit and herb garden.

# Package G



## Junior Rangers

**Location:** Glen Tanar Estate, Aboyne

**Dates:** Monday to Friday

**Price:** £45

**Places:** 14 pupils

**Travel:** By minibus

## Summary

The Cairngorms National Park Junior Ranger Project is an exciting, fun and adventurous outdoor learning programme based in the Park for young people aged 11–18 years.

If you are interested in...

- Finding out about the Cairngorms National Park
- Learning about the work of Countryside Rangers
- Nature conservation
- Outdoor activities
- Meeting new people

...then the Cairngorms National Park Junior Ranger Project is for you!

The project involves pupils from secondary schools working alongside ranger services and other partners in the Park. It is based on a European model of engaging young people in fun, practical activities in Protected Areas that provides them with new skills and the opportunity to act as ambassadors for the National Park.

An initial 5 day programme during the 'Skills for Life Week' involves:

- Conservation tasks
- Outdoor activities
- Achieving the John Muir Discovery Award
- Graduating as a Cairngorms National Park Junior Ranger



Graduates can then take part in a follow-on programme which operates one day a month, where they:

- Develop skills, knowledge and understanding from the initial programme
- Use new skills in meaningful and real situations
- Act as Youth ambassadors for the Cairngorms National Park
- Can participate in International Camps and exchanges
- Achieve John Muir Explorer Award



## Optional Package

### Dragons den Union Square

**Dates:** To be confirmed

**Price:** Free

**Places:** 30



### Summary

Union Square is owned and operated by Hammerson who are an owner, operator and developer of retail destinations in Europe

Over 15m people visit Union Square every year but few perhaps realise the work and planning it takes to manage and operate the shopping centre

Through Union Square's schools engagement activities, students will be given the opportunity to understand shopping centre management, career opportunities in shopping centres, or develop entrepreneurial skills



- The Dragons' Den Challenge is all about using entrepreneurial skills to create a business of the future
- Students are asked to create and present a business plan, prototype and PowerPoint presentation on a new product that could be sold in Union Square
- The students will pitch their ideas to the Union Square Management Team. Students can enter as teams (up to 5) or as individuals
- As a follow on from our Dragons' Den competition, successful students will be invited to showcase and sell their products or concept on the Union Square mall
- This opportunity will develop business planning, product development, team building and customer engagement skills as well as experiencing the practical considerations involved in setting up, operating and dismantling such an activity



## Optional Package

### Hospitality Experience with the Copthorne hotel

**Dates:** Monday 20<sup>th</sup> & Tuesday 21<sup>st</sup> May

**Price:** Free

**Places:** 10

### Summary

Aberdeen Grammar School now has a partnership with the Copthorne hotel and they have offered a two day experience to highlight the various disciplines involved in the hospitality industry. This being one of the seven key growth areas in the NE of Scotland in the next decade.

Over the two days pupils will be assigned a mentor from the hotel and split into pairs where they will gain an experience in the following:



- Cooking skills with the Hotels Chefs
- Front of house/Reception duties
- Human Resources/Office work
- Housekeeping
- Maintenance

The hotel are keen to promote the industry and are looking for pupils who would like an insight into the wide and varied roles within the hospitality industry.

**Monday** – 9am start at the hotel. Health & Safety briefing followed by meeting their mentors and following into the various disciplines and rotating throughout the day.

**Tuesday** – 9am start and following on from the Monday experience.



## Optional Package

### High Street Challenge

**Dates:** Thursday 24<sup>th</sup> May

**Price:** Free

**Places:** 35



### Summary

High Street Challenge is designed to inspire and interest young people in S1 - S3 in the subject of business through a day-long project. The session also encourages creative thinking and team-working

Learners will be able to generate original ideas for a High Street shop. They will demonstrate an ability to work with others. They will pitch an idea to an audience of business volunteers and will understand working within a budget. They will research grants, loans and funds which may be available for start-up costs. They will evaluate the strengths and weaknesses of an idea and will demonstrate an awareness to the needs of the community and how their business and make a contribution



### Objectives

- Gives young people knowledge and insight to improve their employability through business, social and entrepreneurial skills.
- Provide a space for young people to interact with business people in an engaging project.
- Encourage entrepreneurial thinking.
- Develop enterprise awareness and an understanding of how real businesses work.

### Outcomes

- Increased awareness and level of ability in business, teamwork and entrepreneurial skills.
- More confidence in being creative and turning ideas into reality.
- More aware of the needs of the community and how they can become involved.
- Are better prepared to enter the workplace through interaction with business people.

THE  
HIGH STREET  
CHALLENGE

## Optional Package

### First Aid Course

**Dates:** Tuesday 22<sup>nd</sup> or Thursday 24<sup>th</sup> May

**Price:** £70

**Places:** 24 (12 per day)



### Summary

Aberdeen First Aid School will be offering a SQA approved 1-day course that complies with the Health & Safety (First Aid) Regulations 1981. It provides pupils with the minimum level of first aid training for the workplace.

On completion of training, successful pupils should be able to:

- Understand the role of the first-aider including reference to:
  - the importance of preventing cross infection
  - the need for recording incidents and actions
  - use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation including the use of an AED
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)



On completion of this course, the pupil will receive the SQA approved, nationally recognised 1-day Emergency First Aid at Work certificate. This is valid for 3 years, however the SQA recommends that first aiders undertake annual first aid update training. All delegates also receive a course pack including a first aid manual.



## Optional Package

### British Army Teambuilding (half Day am session)

**Dates:** Wednesday 23<sup>rd</sup> & Thursday 24<sup>th</sup> May

**Price:** Free

**Places:** 50

### Summary

#### Resilience, Team Building and Leadership Session

Get stuck in with the Army Outreach Team. They will arrange an outdoor session that gives pupils a taste of Army team building and problem solving with a wide range of hands-on activities. **Up to 50 students** can take part at any one time and the event will last the morning session. The session will be full of challenging tasks that develop mental and physical attributes.



They will also be bringing their mobile climbing wall.

This activity will also include a Careers Presentation the Careers Presentation will highlight all the various career options available to pupils joining from school, college or university. The presentation also highlights of all the roles in each area of the army. It explained how it can turn your interest in to a rewarding career.



## Optional Package

### Sport Leader Workshops

**Dates:** Monday 20<sup>th</sup>, Tuesday 21<sup>st</sup> & Wednesday 23<sup>rd</sup> May



**Price:** Free

**Places:** 20 per 3hr session

### Summary

Aberdeen Grammar Schools Active Schools Coordinator Nicole Gordon will be offering Sport Leader workshops in the following sports:



- **Junior Jog Scotland Workshop-** provides a fun and simple way to get primary school children active through a range of running games and activities. The course looks at JogScotland resources, a couple of examples of running groups across the city as well as giving participants the chance to try out some of the activities. Great introduction to coaching/working with primary school age children.
- **Badminton Leaders-** Opportunity for pupils to learn a range of activities in a fun way for primary school children. Allow you to give them the skills to motivate participants and help prepare them for progression to a higher level of badminton. Great introduction to coaching/working with primary school age children- no previous badminton experience required.
- **Competition Organiser Training-** Developing young people as leaders in sport. The training will enable young people to experience and identify the essential aspects of well-organised, safe, fun, fair and inclusive intra-school competition.



## Optional Package



### Digital maker – Awesome Tech

**Dates:** Tuesday 22<sup>nd</sup> - Thursday 24<sup>th</sup> May

**Price:** £50 - £75 (depending on numbers)

**Places:** 30

#### Summary - Driverless Car Workshop

Working in teams, pupils will build a state of the art 1/16th scale car, learn about the technology involved in running an A.I (Artificial Intelligence) robot in order to train and race them! The pupils learn about Machine Learning, Engineering and design of the 1:16th scale cars, raspberry Pi terminal commands, to interface with the cars, computers and cloud computing interfaces and driving the remote-controlled cars.



Working in teams, the pupils will be given tasks of constructing and managing their cars, “training” and improving their driving skills, as the better the car is driven, the better the Machine Learning model will be. The pupils could quickly train and then produce ML models (via cloud computing), giving exciting results, as the cars drove themselves around the 4m2 tracks they will use.

#### Digital Maker CIC

*We make makers...*

*Digital Maker CIC provides interactive technology workshops for young people aged 9+. We draw on subject areas from across the curriculum including Science, Technology, Engineering, Arts and Mathematics (STEAM). Our project-based workshops offer a fun and relaxed environment in which children are encouraged to develop key life skills such as critical thinking, creativity and confidence, through exposure to new concepts and collaboration with others.*



## Optional Package

### Woodwork Skills

**Dates:** Monday & Thursday

**Price:** Free

**Places:** 10



### Summary

Woodworking skills is being offered by AGS D&T department led by Mr Smith. This opportunity will provide pupils with a day of honing practical woodworking skills relating to tools, equipment, processes and materials

The skills they will start to develop are in reading and interpreting working drawings and an understanding of health and safety.

Through this package pupils will develop:

- ◆ Woodworking techniques
- ◆ Measuring and marking out timber
- ◆ Safe working practices in workshop environments
- ◆ Practical creativity and problem-solving skills

## Optional Package

### AP Theatre Workshops

**Dates:** Wednesday & Thursday (1/2 Day)

**Price:** Free

**Places:** 30

### Summary

Release your inner orator! Using drama techniques & Skills, this workshop will focus on vocal development and bodily communication to increase confidence and impact in public speaking.

This session is a half-day workshop is being offered by Aberdeen Performing Arts.



## **Optional Package**

### **OGTC Workshop**

**Dates:** TBC (1/2 Day)

**Price:** Free

**Places:** TBC

### **Summary**

More information to follow.



## **Optional Package 12**

### **EY Workshop**

**Dates:** TBC (1/2 Day)

**Price:** Free

**Places:** TBC

### **Summary**

More information to follow.



## Optional Package

### Preparing4Life – Budgeting skills for later life

**Dates:** Monday 20<sup>th</sup> May (½ Day)

**Price:** Free

**Places:** 20

#### Summary



It's never too early to start thinking about managing your money! This ½ day workshop is a fun introduction to the world of cash and how to hold onto it.

It will cover:

- Your relationship with money
- How you will need to spend it
- Tips to manage money
- Common terms you should know
- Ways to save



## Optional Package

### Preparing4Life – Presentation and Communication Workshop



**Dates:** Tuesday 21<sup>st</sup> May (½ Day)

**Price:** Free

**Places:** 20

#### Summary

School is a lot about learning how to interact with others: face-to-face, online, socially and more formally. Sometimes it can be difficult to get it right. This workshop will give you a few tips to help smooth these conversations.

It will cover:



- Body language
- Types of communication
- Dealing with other people
- Formal communication



## Optional Package

### Preparing4Life – Simple Cooking

**Dates:** Wednesday 22<sup>nd</sup> May (½ Day)

**Price:** Free

**Places:** 20

### Summary

If you have very little experience of cooking for yourself, but you'd like to give it a go, then this is for you!



This workshop covers:

- Grocery shopping essentials
- Safe food handling and storage
- Practical experience making 2 basic dishes
- Food tasting



### **Friday Option 1**

#### **Breakout Games**

**Dates:** Friday 25<sup>th</sup> May 2019

**Price:** £25

**Places:** 20

#### **Summary**

A fast paced, fun experience for 2-32 players based in Aberdeen.

In our series of unique games, each group is placed in a room and given a set amount of time to escape by solving puzzles, using strategy, creativity and logic. The goal is simple; to get out in time!

We have games which are suitable for teams as small as 2 players and can cater for up to 32 players actively escaping at any one time. All of our games take place in a custom-built, specially designed room with a unique theme. The recommend age for our games is 8 years and older.



### **Friday Option 2**

#### **Battle Grounds**

**Dates:** Friday 25<sup>th</sup> May 2019

**Price:** £25

**Places:** 20

#### **Summary**

Aberdeenshire's ONLY five star Visit Scotland accredited Activity Centre.

Home to a fantastic range of activities including DTV shredders, axe and knife throwing, laser tag and wilderness challenge and the North East of Scotland's paintball specialist. With first class facilities, 100% safety record and custom designed activity arena's we host stag, hen, birthday parties, team building, school groups and great fun days out!



### **Friday Option 3**

#### **Codonas**

**Dates:** Friday 25<sup>th</sup> May 2019

**Price:** £15

**Places:** 20

#### **Summary**

Sunset Boulevard has been given a complete makeover to create an environment that families will find warm and comfortable and bigger groups will find fun filled and exciting. There's the New York style exposed brick, plush red drapes, warm brown timber flooring and cosy booth seating all added for your comfort. We've installed 13 giant two metre by three metre projection screens at the end of each bowling alley. So while you get ready to strike, we'll be adding to the atmosphere with music videos, sports events and even cartoons for the kids.



## S3 Skills for Learning, Life and Work Week 2019

### Summary of Packages

Package	Activity
Package A	Work experience
Package B	Survive & Save
Package C	Battlefields trip
Package D	Outdoor Ed – Lochgoilhead
Package E	Outdoor Ed – Outward Bound trust
Package F	Bonnymuir Garden project
Package G	Junior Rangers
Package H	Dragons Den at Union Square

Mon – Thurs Activity	Duration	Cost
Hospitality insight with Cophthorne Hotel	3 Days	Free
High Street Challenge	1 Day	Free
First Aid Course	1 day	£72
Army Team Building	½ day	Free
Sports Leaders	½ day	Free
Awesome Tech	3 Days	£75
Woodworking skills	1 day	Free
Aberdeen Performing Theatre workshop	½ day	£5
OTGC Workshop	1 Day	Free
EY insight	½ day	Free
Budgeting skills for later life	½ day	Free
Presentation and Communication Workshop	½ day	Free
Cooking Skills	½ day	Free

Friday Activity (1/2 Day)	Cost
Battle Grounds	£25
Breakout Games	£20
Codonas	£15

# S3 Skills for Learning, Life and Work Week 2019

## PACKAGES

Pupil name: \_\_\_\_\_ PTPS: \_\_\_\_\_

Tutor Class: \_\_\_\_\_

Please indicate your child's first and second choice for each day on the reverse of this page.

### How to choose:

1. Full week package - If you wish to participate in a full week's package please select your 1<sup>st</sup> and 2<sup>nd</sup> choice options from the table allocated.
2. Optional Package - If you wish to participate in the optional packages making up the week, please ensure you choose enough for 5 days with 1<sup>st</sup> and 2<sup>nd</sup> choice options selected.
3. Full week package/optional package – If you wish to participate in one full week package only, please select your choices from the optional package totalling 5 days or vice-versa.

Pupils will be informed of the success of their choices as soon as possible. The allocation procedure will be the same for all pupils, but there is no guarantee that they will get their first choice as there is likely to be a high demand for various activities, hence the need for 2<sup>nd</sup> choices.

### DECLARATION

I have read the information issued in connection with S3 Skills for Learning, Life and Work Week 2019

I understand the nature of the activity/activities to be undertake and consent to my son/daughter's participation. I consider him/her fit to take part.

Parent/Carer's Name (Block Capitals): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

FORMS SHOULD BE RETURNED TO THE TUTOR TEACHER BY

**Tuesday 15<sup>th</sup> January 2019**

LATE FORMS WILL ONLY BE DEALT WITH AFTER ALL THE OTHERS HAVE BEEN CONSIDERED.

## S3 Skills for Learning, Life and Work Week 2019

### PACKAGE SELECTION

Full week packages			
Package	Activity	Select 1 <sup>st</sup> choice ✓	Select 2 <sup>nd</sup> choice ✓
Package A	Work experience		
Package B	Survive & Save		
Package C	Battlefields trip		
Package D	Outdoor ed – Lochgoilhead		
Package E	Outdoor ed – Outward Bound trust		
Package F	Bonnymuir Garden project		
Package G	Junior Rangers		
Package H	Dragons Den at Union Square		

Optional packages – must add up to 4 days				
Activity	Duration	Cost	Select 1 <sup>st</sup> choice ✓	Select 2 <sup>nd</sup> choice ✓
Hospitality insight with Copthorne Hotel	2 Days	Free		
High Street Challenge	1 Day	Free		
First Aid Course	1 day	£7		
Army Team Building	½ day	Free		
Sports Leaders	½ day	Free		
Awesome Tech	3 Days	£75		
Woodworking skills	1 day	Free		
Aberdeen Performing Theatre workshop	½ day	£5		
OTGC Workshop	1 Day	Free		
EY insight	½ day	Free		
Budgeting skills for later life	½ day	Free		
Presentation and Communication Workshop	½ day	Free		
Cooking Skills	½ day	Free		

Fun Friday 1/2 Day Options			
Activity (1/2 Day)	Cost	Select 1 <sup>st</sup> choice ✓	Select 2 <sup>nd</sup> choice ✓
Battle Grounds	£25		
Breakout Games	£20		
Codonas	£15		